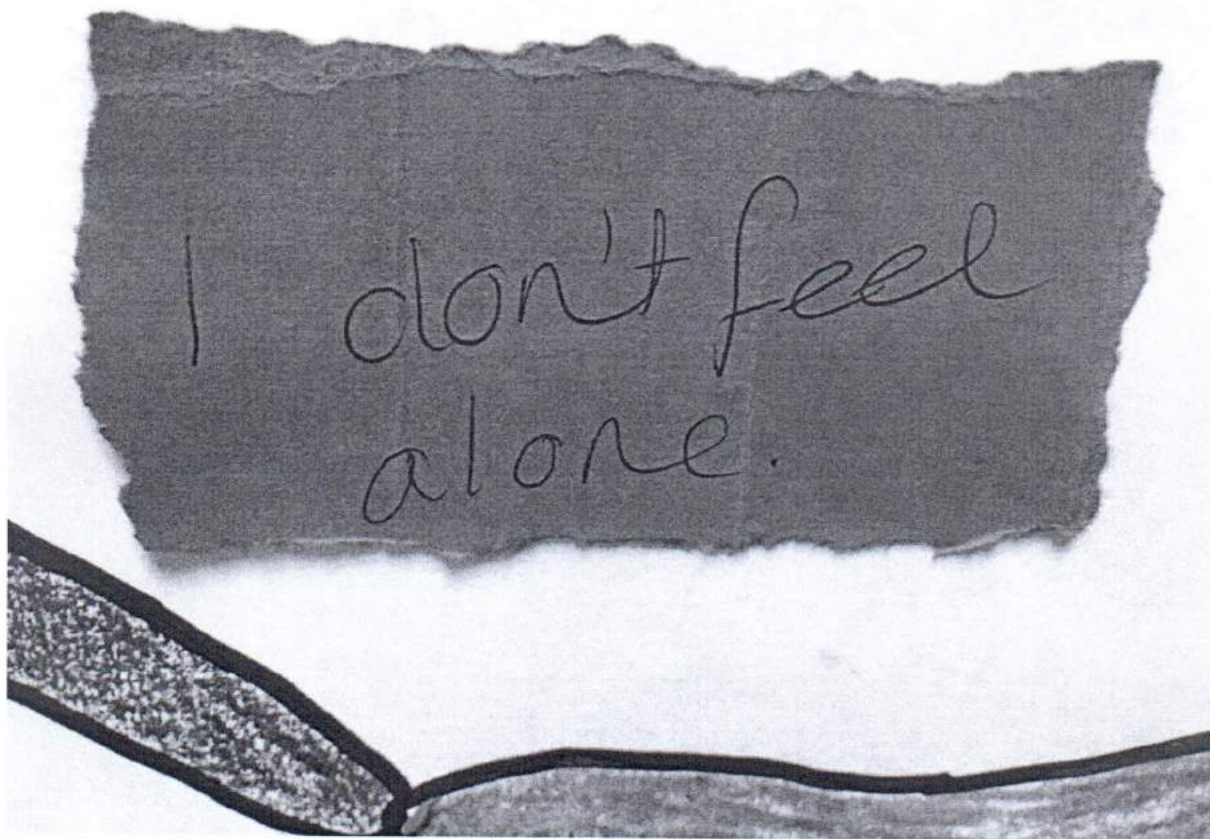




Cambridge Rape Crisis Centre

Report of the Trustees Year Ended 31 March 2018  
for Cambridge Rape Crisis Centre



From the *Hold the Hope* mothers support group

**Annual Report**  
**April 2017 - March 2018**

Cambridge Rape Crisis Centre

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for the Year Ended 31 March 2018

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## Message from the Management Committee For the Year Ended 31<sup>st</sup> March 2018

As a specialist, independent, grass-roots Rape Crisis Centre, this year Cambridge Rape Crisis Centre (CRCC) continued to provide support services to survivors of sexual violence in Cambridgeshire. We have continued to work closely with a range of partner organisations to bring about the best possible outcomes for survivors and continued our work to tackle and challenge the causes of sexual violence as well as highlighting gaps in services for survivors in our county.

We have sustained our telephone helpline service this year and have responded to 926 calls. Two new volunteer groups were recruited during the year and underwent the CRCC helpline and email support training and this in turn has enabled us to reduce the response time for our email support service. This year we have seen a continued increase in emails to our email support service, with an increase of 33% on last year. The case work of the Independent Sexual Violence Advisors (ISVA) and Children and Young Peoples ISVA has increased by 109% over the last two years and each ISVA has an average case load of 30 clients. We continue to deliver the countywide Sexual Violence Support Services contract in partnership with our sister centre in Peterborough as part of our Cambridge and Peterborough Rape Crisis Partnership. We have continued to highlight the prevalence and impact of sexual violence through our community outreach and training. It is with some sadness that we had to close the waiting list for our adult counselling service this year. Securing sustainable funding for the adult counselling service has been a significant organisational priority this year.

Cambridge Rape Crisis Centre (CRCC) has continued to receive more referrals than ever before and the majority of women and girls we work with continue to seek our support for experiences that took place a number of years ago, including non-recent child sexual abuse, as well as for more recent experiences of sexual violence.

We have seen an unprecedented increase in demand for our service this year, due in part to the high profile media coverage of celebrity abuse cases, sexual exploitation gangs, and the MeToo and Times Up campaigns. This has meant that more survivors have come forward to speak out and seek the support they fully deserve and CRCC will always be here for them when they do.

## At a glance

**926** calls taken on the helpline

**123** emails responded to

**63** counselling clients

**1260** counselling sessions delivered

**332** survivors supported by the ISVA service

**2513** ISVA service sessions delivered

**12** new volunteers trained

**10** trustees overseeing and steering the work of CRCC

## With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, The Elms SARC, Women's Resource Centre, Anglia Ruskin University, University of Cambridge and our sister centre Peterborough Rape Crisis Care Group, members of the Cambridge and Peterborough Women's Consortium; Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge, for their continued support throughout this year.

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to women and girls in Cambridgeshire. Our funders are: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, Cambridgeshire County Council, Home Office, Cambridge RAG, BBC Children in Need and Lloyds Bank Foundation. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the members of the management committee, the trustees, staff, volunteers, sessional counsellors and the general members of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of CRCC without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

**And finally, thank you to all the women and girls who use CRCC,  
for inspiring us with their strength and courage and for teaching  
us so much.**

## Report of the Trustees for the Year Ended 31<sup>st</sup> March 2018

The trustees present their report with the financial statements of the charity for the year ended 31 March 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

### Reference and Administrative Details

**Charity name:** Cambridge Rape Crisis Centre  
**Registered Charity number:** 286098  
**Registered address:** Box R, 12 Mill Road, Cambridge, CB1 2AD

### Trustees: appointed 05.07.2017

M Lowthian - Chair  
S Melville - Deputy Chair  
J Grech - Secretary  
S Helm - Treasurer  
C Altun - resigned 06.03.2018  
ER Cornwall  
M Correia  
A Lindup  
C Moore  
M Messmer - appointed 05.07.2017

### Independent Examiner

Lanham and Company Limited  
Chartered Accountants  
9 Great Chesterford Court, London Road, Great Chesterford, Essex, CB10 1PF

### Contact details and website

[contact@cambridgerapecrisis.org.uk](mailto:contact@cambridgerapecrisis.org.uk)  
[www.cambridgerapecrisis.org.uk](http://www.cambridgerapecrisis.org.uk)

**Bank** - Royal Bank of Scotland, Cambridge

### Staff:

Norah Al-Ani – Director  
Claire Gardner – Volunteer Co-ordinator  
Cheryl Hollis – ISVA Navigator  
Léa Maquin – Counselling Co-ordinator

### ISVA Team:

Ellie Ball  
Jenny Colley  
Amy O'Leary - left November 2017  
Rosie Levine - appointed December 2017

### Counselling Team:

Terri Forbes-Mitchell - Counsellor and Clinical Supervisor  
Charlotte Snoxall – Counsellor and Group Work Facilitator  
Margi Appleton - Counsellor  
Esra Gurkan – Counsellor (adult and children's service)  
Carolyn Reisert – Counsellor (children's service)

## Structure, Governance and Management

### Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity. This charity has been registered with the charity commission since 5<sup>th</sup> May 1983 and established under a constitution containing specific objectives and powers which undergoes annual review at the AGM.

### Organisational Structure

The current structure of the organisation is as follows;

The Management Committee of the CRCC (hereinafter referred to as the "Committee") shall consist of no fewer than 3 and no more than 12 Trustees together with at least two active call-takers with CRCC. The two active call-takers will be the call-taker representatives on the Committee and will be elected by the volunteer group and co-opted onto the Committee. Such representatives can choose to become Trustees of CRCC but are under no obligation to do so. At least one Trustee must not be working with CRCC service users in any way during their term as a Trustee.

Trustees shall be elected by majority vote at the AGM of the CRCC. Trustees are elected for a one year term, but may be re-elected annually.

The Committee shall include the following executive positions: Chair, Deputy Chair, Secretary, Treasurer, and Call-taker Representative. Other Trustees shall be elected to fill non-executive positions that are deemed necessary. No Trustee shall hold more than one executive position, but may hold more than one non-executive position, or one executive position and one or more non-executive positions.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

### Annual General Meeting

The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

### Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

### Reserves Policy

CRCC has a Reserves Policy. We require 6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31 March 2018 were £117,419 of which £90,138 were unrestricted and £27,281 were restricted. The trustees consider this to be a satisfactory amount.

## Aims and Objectives

**Our vision is that all women and girls can live free from the fear and experience of sexual violence**

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

### **We listen and believe**

#### **Cambridge Rape Crisis Centre Aims:**

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Securing high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and policies for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

*“Since accessing support through CRCC I have regained my inner strength and feel more positive about my decisions.”*

## Achievements and Performance

### Summary of Charitable Activities April 2017 – March 2018

During 2017-18 CRCC continued to provide specialist wrap around support services to 963 survivors of rape, sexual abuse and sexual violence in Cambridgeshire. Through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support and group work.

#### Telephone Helpline

In the year 2017 – 2018 CRCC responded to 926 calls to our telephone helpline. In the reporting year we continued to offer up to 11 hours of helpline support each week whenever possible. The Helpline is open four times a week, on the following days:

Wednesday	7pm – 9.30pm
Thursday	7pm – 9.30pm
Saturday	3pm – 5.30pm and
Sunday	10am – 12.30pm

There are over 25 volunteers providing the helpline and email service. These services could not run without the commitment and dedication of our volunteers. All CRCC volunteers receive an initial 52 hours specialist sexual violence training to undertake the role of helpline and email volunteer and there is a programme of continuous professional development. The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting BAMER survivors, supporting Lesbian and Bi survivors and the criminal justice system.

*“Just knowing you were there made it possible  
for me to cope”*

#### Email Support

The Email Support Service provides an alternative route to accessing emotional support and information for survivors for whom using the written rather than spoken word may feel easier, safer or more comfortable.

We have responded to 123 emails in the reporting period, this is an increase of 33% on last year's take up of the service. By increasing the number of email support shifts we have been able to reduce our response time this year.

*‘Thank you for replying during a hard time, it really  
helped me understand and deal with what  
was going on’*



### Counselling Service

In 2017-18 we provided 60 survivors with access to specialist sexual violence counselling in Cambridge, Ely and Huntingdon. We have continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group, to ensure our counselling services are accessible to survivors across the county. Each woman is offered up to 20 counselling sessions with one of our specialist sexual violence counsellors in a range of appropriate community settings and spaces.

It was with immense sadness and frustration that for the first time this year we had to close our waiting list for the adult counselling service due to a lack of sustainable funding. We have been working hard to secure funding to enable us to re-open the waiting list and the service to survivors.

In the reporting period we were able to deliver counselling to children and young people through our BBC Children in Need funded project and the VAWG Transformation Fund. The service is child and young person focussed and entirely delivered in the community to ensure that children and young people can access the service with ease and at venues close to them and that feel safe and comfortable.

*“The counselling helped me to realise I had all the coping strategies there but just needed affirmation. I now believe in myself”*

### Independent Sexual Violence Advocacy Service (ISVAs)

The ISVA Service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable advice to survivors of sexual violence in relation to police processes and the criminal justice system. In the reporting year the Cambridgeshire ISVAs each had an average case load of 30 clients at any one time.

The Children and Young Peoples ISVA (ChISVA) supports children and young people, aged 0 – 18yrs, who are experiencing or at risk of experiencing child sexual abuse or exploitation. The ChISVA supports children and young people to access a range of appropriate services, explores ways to help manage their mental health and help them to stay engaged within the criminal justice system. The ChISVA's presence pre, during and post court has helped children and young people to make sense of the processes within and around it and to feel supported, ready and able to stand up in court to give their best evidence.

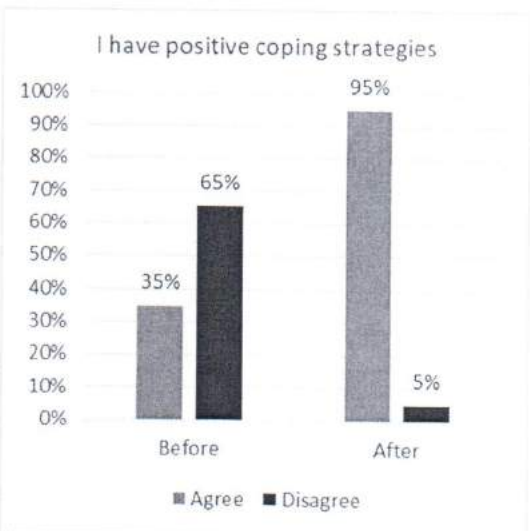
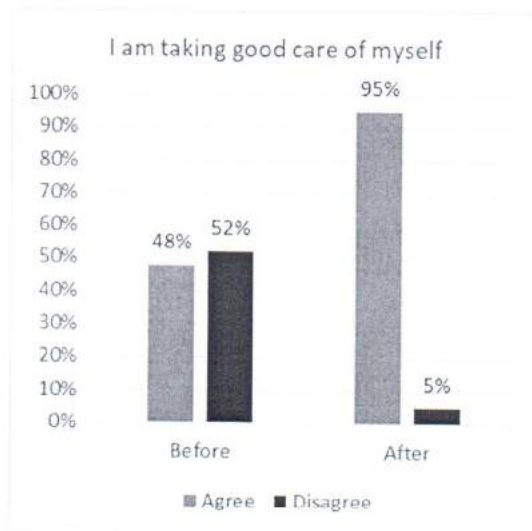
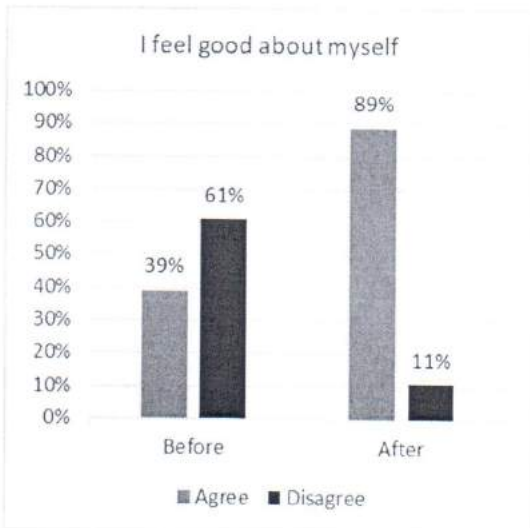
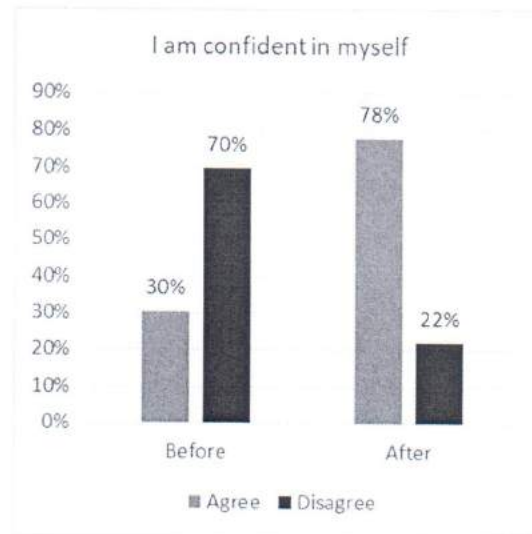
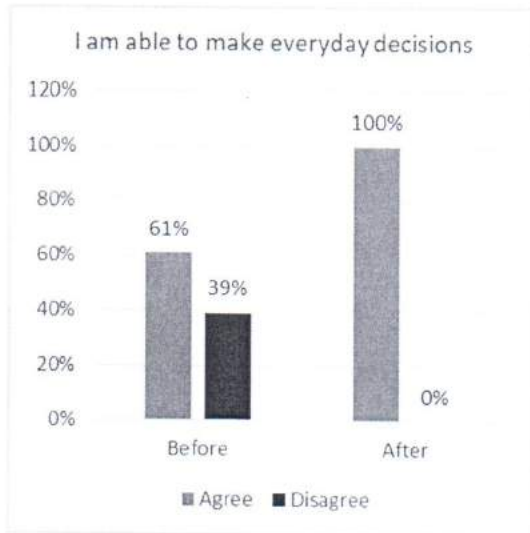
#### **ISVA Service Recognition of Excellence**

In October the Cambridgeshire and Peterborough Rape Crisis ISVA team received the runners-up award at the new Celebrating Services for Witnesses national awards, set up by H M Courts and Tribunal Services, to recognize and celebrate excellent work in the area of services to witnesses. They were runners-up in the Specialist Support category.

*“By supporting me through the criminal justice system my ISVA helped me to cope better with my mental and emotional wellbeing and develop positive coping strategies throughout the long process”*

## Outcomes and impact:

Summary of 'before' and 'after' evaluation on CRCC services:



Summary of *Cope and Recover Outcomes* on CRCC services:

- Mental and Physical health  
*100% of service users stated that they had better mental and physical health as a result of using our services and reported feeling good about themselves and an increase in confidence and sense of self.*
- Finance and Benefits  
*70% of service users stated that as a result of accessing our services they felt better able to manage their finances and had a better understanding of what benefits they were entitled to.*
- Shelter and Accommodation  
*90% of service users who were facing accommodation and housing issues felt that they were in a better position going forward after accessing our services.*
- Outlooks and Attitudes  
*95% of service users stated that as a result of accessing our services they had a better understanding of how their experiences had impacted on them and this had enabled them to hold onto the hope for change, peace and safety in their lives.*
- Social Interactions  
*95% of service users stated that as a result of using our services they felt more able to engage and connect with people around them, begin to build social networks and feel part of the community they live in.*
- Family, Friends and Children  
*100% of service users stated that they had people around them they felt close to and could trust again after accessing our services. This included improved relationships and connections with children, partners, extended family members and friends.*
- Drugs and Alcohol  
*90% of services users stated that as a result of accessing our services they had developed more positive coping strategies and moved away from harmful coping strategies such as substance misuse and dependency.*
- Education, Skills and Employment  
*80% of service users stated that as a result of accessing our services they now felt better able to make positive choices about entering or returning to education and/or paid employment.*

## Who we supported

### Service user profile April 2017-March 2018

Gender			
Female	Male	Trans	Not stated
880	61	2	2

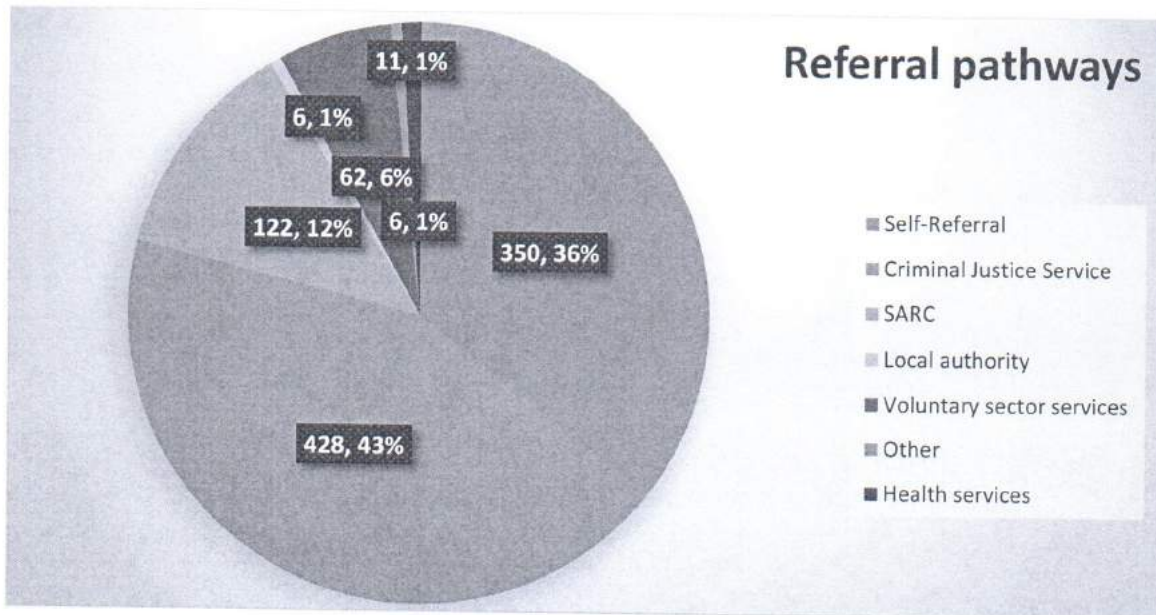
Presenting experience / assault type*	
<b>Type of assault – adult 18 year and over</b>	
Adult - Ongoing/recent rape or sexual violence (18yrs+)	372
Adult - Historic rape/sexual violence (18yrs+)	170
Adult - Historic child sexual abuse (18yrs+)	147
Not known/chose not to say	23
<b>Type of assault – Young person (13-17 yrs)</b>	
Young person – Recent rape/sexual violence (13-17yrs)	93
Young person – Historic rape/sexual abuse (13-17yrs)	26
Young person – Not stated (13-17yrs)	6
<b>Type of assault – children (under 13yrs)</b>	
Children – sexual abuse (under 13yrs)	65
<b>Support provided to support of survivor (parent, carer, sibling etc)</b>	
Support for supports	11
<b>Multiple assaults</b>	
Adult – multiple assaults (18yrs+)	257
Young person – multiple assaults (13-17yrs)	22
Children – multiple assaults (under 13yrs)	14

\*where data is provided

Age Range	Total	%
12 years and under	16	1.6%
13 to 15 years	56	6%
16 to 17 years	68	7%
18 to 24 years	233	24%
25 to 34 years	157	16%
35 to 44 years	97	10%
45 to 54 years	27	4%
55 to 64 years	23	3%
65 to 74 years	3	0.3%
Not stated	265	28%

*“I have deeply valued the support I have received from CRCC and it has changed my life.”*

## Referral pathways into our services



## Training, outreach and community connections

CRCC has delivered training to 500+ people in the year including to public sector staff, health care professionals, schools, colleges and a wide range of community groups and organisations. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence.

*'Everyone present found the training extremely helpful, informative and moving. Various people commented afterwards that it was, quite simply, the best training they had attended in over a decade of working here. More substantively, it has raised awareness of a vitally important subject and ensures that our staff and welfare team have access to up-to-date and accurate information.'*

## Consultations and meaningful participation

### HMCPSP Inspection report

We co-ordinated a Rape Crisis regional wide response to and participated in the HMCPSP inspection report of Crown Prosecution Service in East of England.

### Consultation on law reform for disclosure of sexual histories in rape trials

We were invited to attend a meeting with Harriet Harman MP in Parliament in January to discuss the law around the disclosure of sexual histories in rape trials.

### CEDAW Consultation Event

We accepted an invitation to attend a Convention on the Elimination of Discrimination Against Women (CEDAW) consultation event in February. We raised priority issues around violence against women and girls to be included as recommendations to go forward to the UK Government for inclusion in the new CEDAW policy paper.

## **Stronger Together - Partnership working**

### **Cambridge and Peterborough Rape Crisis Partnership**

This year the Cambridge and Peterborough Rape Crisis Partnership successfully continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, counselling and group work).

**RAPECRISISPARTNERSHIP**  
CAMBRIDGE & PETERBOROUGH

### **Cambridge and Peterborough Women's Consortium**

The Cambridge and Peterborough Women's Consortium (CPWC) was launched on 28<sup>th</sup> November. The Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge. The CPWC vision is *'A world where women are free to live the lives they choose'*.



Cambridge & Peterborough  
**WOMEN'S CONSORTIUM**

### **IICSA – Independent Inquiry into Child Sexual Abuse**

This year CRCC continued as a partner Rape Crisis Centre in the national contract to provide support to survivors giving evidence as part of the Truth Project for the Independent Inquiry into Child Sexual Abuse. The Inquiry has been set up to look at ways organisations and institutions in England and Wales have failed to protect children from sexual abuse. We have provided support to a number of survivors this year who have come forward to give evidence to the Inquiry.

 **IICSA**  
INDEPENDENT INQUIRY  
INTO CHILD SEXUAL ABUSE

### **Participation and committed involvement in the following strategic partnership and networks**

- Cambridgeshire Domestic Abuse and Sexual Violence Partnership
- The Cambridge City Domestic Abuse and Sexual Violence Forum
- The Crown Prosecution Service Violence Against Women and Girls Scrutiny Panel for the East of England
- Sexual Assault Referral Centre (SARC) Strategic Board
- The Cambridge Equalities Partnership
- Rape Crisis East Regional Network
- Rape Crisis England and Wales

## Cambridge Rape Crisis Centre

### Statement of Trustees Responsibilities for the Year Ended 31 March 2018

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Independent Examiner's Report to the Trustees of  
Cambridge Rape Crisis Centre**

**Independent examiner's report to the trustees of Cambridge Rape Crisis Centre**

I report to the charity trustees on my examination of the accounts of the Cambridge Rape Crisis Centre (the Trust) for the year ended 31 March 2018.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of the Association of Chartered Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA  
Lanham and Company Limited  
Chartered Accountants  
9 Great Chesterford Court  
London Road  
Great Chesterford  
Essex  
CB10 1PF

Date: .....



Cambridge Rape Crisis Centre

Statement of Financial Activities  
for the Year Ended 31 March 2018

	Not es	Unrestricted funds £	Restricted funds £	31.3.18 Total funds £	31.3.17 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	9,005	-	9,005	6,802
<b>Charitable activities</b>	5				
Support and advice		1,064	284,884	285,948	231,113
Other trading activities	3	35,227	-	35,227	18,480
Investment income	4	<u>61</u>	<u>-</u>	<u>61</u>	<u>79</u>
<b>Total</b>		45,357	284,884	330,241	256,474
<b>EXPENDITURE ON</b>					
Raising funds	6	797	916	1,713	7,059
<b>Charitable activities</b>	7				
Support and advice		<u>11,883</u>	<u>326,811</u>	<u>338,694</u>	<u>234,784</u>
<b>Total</b>		12,680	327,727	340,407	241,843
<b>NET INCOME/(EXPENDITURE)</b>		32,677	(42,843)	(10,166)	14,631
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>57,461</u>	<u>70,124</u>	<u>127,585</u>	<u>112,954</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>90,138</u>	<u>27,281</u>	<u>117,419</u>	<u>127,585</u>

Cambridge Rape Crisis Centre

Balance Sheet  
At 31 March 2018

	Not es	Unrestricted funds £	Restricted funds £	31.3.18 Total funds £	31.3.17 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	13	4,969	-	4,969	55,174
Cash at bank		<u>91,980</u>	<u>40,031</u>	<u>132,011</u>	<u>84,003</u>
		96,949	40,031	136,980	139,177
<b>CREDITORS</b>					
Amounts falling due within one year	14	(6,811)	(12,750)	(19,561)	(11,592)
<b>NET CURRENT ASSETS</b>					
		<u>90,138</u>	<u>27,281</u>	<u>117,419</u>	<u>127,585</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>90,138</u>	<u>27,281</u>	<u>117,419</u>	<u>127,585</u>
<b>NET ASSETS</b>					
		<u>90,138</u>	<u>27,281</u>	<u>117,419</u>	<u>127,585</u>
<b>FUNDS</b>					
Unrestricted funds	15			90,138	57,461
Restricted funds				<u>27,281</u>	<u>70,124</u>
<b>TOTAL FUNDS</b>					
				<u>117,419</u>	<u>127,585</u>

The financial statements were approved by the Board of Trustees on ..... and were signed on its behalf by:

.....  
M Lowthian -Trustee

## Cambridge Rape Crisis Centre

### Notes to the Financial Statements for the Year Ended 31 March 2018

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

1. ACCOUNTING POLICIES - continued

**Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses.

**Cash and cash equivalents**

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

**Loans and borrowings**

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measure at present value.

**Tangible fixed assets**

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition.

2. DONATIONS AND LEGACIES

	31.3.18	31.3.17
	£	£
Donations	<u>9,005</u>	<u>6,802</u>

3. OTHER TRADING ACTIVITIES

	31.3.18	31.3.17
	£	£
Fundraising events	33,877	18,330
Training income	<u>1,350</u>	<u>150</u>
	<u>35,227</u>	<u>18,480</u>

4. INVESTMENT INCOME

	31.3.18	31.3.17
	£	£
Deposit account interest	<u>61</u>	<u>79</u>

5. INCOME FROM CHARITABLE ACTIVITIES

		31.3.18	31.3.17
	<b>Activity</b>	£	£
Grants	Support and advice	<u>285,948</u>	<u>231,113</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

5. INCOME FROM CHARITABLE ACTIVITIES - continued

Grants received, included in the above, are as follows:

	31.3.18	31.3.17
	£	£
Cambridge City Council	-	12,730
Cambridgeshire County Council	5,000	12,220
Lloyds Bank Foundation	2,500	-
Cambridge RAG	4,200	4,250
Ministry of Justice	43,812	42,000
Awards for All	8,700	-
Police & Crime Commissioner	166,284	146,884
BBC Children in need	21,400	9,719
Rape Crisis England and Wales	1,064	3,310
Independent Inquiry Into Child Sexual Abuse	1,901	-
Violence Against Women and Girls Transformation Fund		
	<u>31,087</u>	<u>-</u>
	<u>285,948</u>	<u>231,113</u>

6. RAISING FUNDS

Raising donations and legacies

	31.3.18	31.3.17
	£	£
Events	<u>1,713</u>	<u>7,059</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 8)	Support costs (See note 9)	Totals
	£	£	£
Support and advice	<u>336,652</u>	<u>2,042</u>	<u>338,694</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.18	31.3.17
	£	£
Staff costs	174,552	102,649
Rent, rates and room hire	23,588	16,188
Insurance	530	514
Telephone and internet	9,245	5,711
Postage, stationery & office supplies	3,635	8,327
Sundries	364	1,100
Clinical Supervision	8,165	3,700
Volunteer and staff training	4,953	1,315
Travel	4,431	2,120
Counselling	69,849	86,319
Publicity	314	-
Payroll services	1,041	334
ISVA Expenses	6,518	5,133
Books and publications	1,552	308
ISVA recharges	26,925	-
Conferences	990	-
	<u>336,652</u>	<u>233,718</u>

9. SUPPORT COSTS

	Governance costs
	£
Support and advice	<u>2,042</u>

**Independent examiner's remuneration**

The independent examiner's remuneration amounts to an independent examination fee of £360 (2017: £360), a fee for the assistance with the accounts preparation of £600 (2017: £566) and book keeping and advice during the year amounting to £1,082 (2017: £140).

Support costs, included in the above, are as follows:

	31.3.18	31.3.17
	Support and advice	Total activities
	£	£
Accountancy and legal fees	<u>2,042</u>	<u>1,066</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2018 nor for the year ended 31 March 2017.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2018 nor for the year ended 31 March 2017.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

11. STAFF COSTS

	31.3.18	31.3.17
	£	£
Wages and salaries	149,369	92,314
Social security costs	11,249	6,189
Other pension costs	<u>13,934</u>	<u>4,146</u>
	<u>174,552</u>	<u>102,649</u>

The average monthly number of employees during the year was as follows:

	31.3.18	31.3.17
Support and advice	<u>6</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	6,802	-	6,802
<b>Charitable activities</b>			
Support and advice	-	231,113	231,113
Other trading activities	18,480	-	18,480
Investment income	<u>79</u>	<u>-</u>	<u>79</u>
<b>Total</b>	25,361	231,113	256,474
<b>EXPENDITURE ON</b>			
Raising funds	5,312	1,747	7,059
<b>Charitable activities</b>			
Support and advice	<u>29,631</u>	<u>205,153</u>	<u>234,784</u>
<b>Total</b>	34,943	206,900	241,843
<b>NET INCOME/(EXPENDITURE)</b>	(9,582)	24,213	14,631
<b>Transfers between funds</b>	<u>(1,073)</u>	<u>1,073</u>	<u>-</u>
<b>Net movement in funds</b>	(10,655)	25,286	14,631
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	68,120	44,834	112,954
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>57,465</u>	<u>70,120</u>	<u>127,585</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18	31.3.17
	£	£
Other debtors	<u>4,969</u>	<u>55,174</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18	31.3.17
	£	£
Trade creditors	3,161	2,953
Social security and other taxes	2,318	4,977
Other creditors	510	-
Deferred income	12,500	-
Accrued expenses	<u>1,072</u>	<u>3,662</u>
	<u>19,561</u>	<u>11,592</u>

15. MOVEMENT IN FUNDS

	At 1.4.17	Net movement in funds	At 31.3.18
	£	£	£
<b>Unrestricted funds</b>			
General fund	57,461	32,677	90,138
<b>Restricted funds</b>			
BBC Children in need	7,557	(7,557)	-
Cambridgeshire County Council: Counselling service	445	(445)	-
Lloyds Bank Foundation	-	2,500	2,500
Cambridge City Council Area Committee Community Grant	2,680	(2,680)	-
PCC: Contract for ISVA	23,333	(23,333)	-
PCC Countywide YP ISVA service	31,309	(31,309)	-
Cambridgeshire County Council (DGLC)	4,800	(4,800)	-
Independent Inquiry Into Child Sexual Abuse	-	1,520	1,520
Countywide sexual violence support services contract (PCC) - ISVA services	-	12,955	12,955
Violence Against Women and Girls Transformation Fund	<u>-</u>	<u>10,306</u>	<u>10,306</u>
	70,124	(42,843)	27,281
	<u>127,585</u>	<u>(10,166)</u>	<u>117,419</u>
<b>TOTAL FUNDS</b>			



Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	45,357	(12,680)	32,677
<b>Restricted funds</b>			
BBC Children in need	21,400	(28,957)	(7,557)
Cambridge RAG	4,200	(4,200)	-
Lloyds Bank Foundation	2,500	-	2,500
Ministry of Justice: Rape Support Fund	43,812	(43,812)	-
Awards for All	8,700	(8,700)	-
Cambridge City Council Area Committee Community Grant	-	(2,680)	(2,680)
PCC: Contract for ISVA	-	(23,333)	(23,333)
PCC Countywide YP ISVA service	-	(31,309)	(31,309)
Cambridgeshire County Council (DGLC)	-	(4,800)	(4,800)
Independent Inquiry Into Child Sexual Abuse	1,901	(381)	1,520
Countywide sexual violence support services contract (PCC) - ISVA services	102,417	(89,462)	12,955
Countywide sexual violence support services contract (PCC) - Other support services	63,867	(63,867)	-
Counselling	5,000	(5,000)	-
Violence Against Women and Girls Transformation Fund	31,087	(20,781)	10,306
Cambridgeshire County Council: Counselling service	-	(445)	(445)
	284,884	(327,727)	(42,843)
<b>TOTAL FUNDS</b>	<u>330,241</u>	<u>(340,407)</u>	<u>(10,166)</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.16 £	Net movement in funds £	Transfers between funds £	At 31.3.17 £
<b>Unrestricted Funds</b>				
General fund	68,120	(9,586)	(1,073)	57,461
<b>Restricted Funds</b>				
BBC Children in need	11,231	(3,674)	-	7,557
Cambridgeshire County Council: Counselling service	5,962	(5,517)	-	445
Cambridgeshire County Council: ISVA training	-	(1,073)	1,073	-
Cambridge RAG	1,209	(1,209)	-	-
Police & Crime Commissioner: Capacity Fund	8,198	(8,198)	-	-
Cambridgeshire County Council : DAT counselling	4,015	(4,015)	-	-
Victims of Sexual Abuse Support Fund	14,219	(14,219)	-	-
Cambridge City Council Area Committee Community Grant	-	2,680	-	2,680
PCC: Contract for ISVA	-	23,333	-	23,333
PCC Countywide YP ISVA service	-	31,309	-	31,309
Cambridgeshire County Council (DGLC)	-	4,800	-	4,800
	44,834	24,217	1,073	70,124
<b>TOTAL FUNDS</b>	<u>112,954</u>	<u>14,631</u>	<u>-</u>	<u>127,585</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	25,361	(34,947)	(9,586)
<b>Restricted funds</b>			
BBC Children in need	9,719	(13,393)	(3,674)
Cambridge City Council: Safer City Grant	2,940	(2,940)	-
Cambridgeshire County Council: ISVA training	500	(1,573)	(1,073)
Cambridgeshire County Council: ISVA Admin fund	6,720	(6,720)	-
Cambridge RAG	4,250	(5,459)	(1,209)
Ministry of Justice: Rape Support Fund	30,000	(30,000)	-
Ministry of Justice: Rape Support Fund Uplift	12,000	(12,000)	-
Police & Crime Commissioner: Capacity Fund	-	(8,198)	(8,198)
Police & Crime Commissioner: Victims Fund [1]	76,700	(76,700)	-
Victims of Sexual Abuse Support Fund	-	(14,219)	(14,219)
Cambridge City Council Community Safety Fund	5,000	(5,000)	-
Cambridge City Council Area Committee Community Grant	4,650	(1,970)	2,680
Huntingdonshire Community Safety Partnership	3,450	(3,450)	-
PCC: Contract for ISVA	23,333	-	23,333
PCC Countywide YP ISVA service	46,851	(15,542)	31,309
Cambridgeshire County Council (DGLC)	5,000	(200)	4,800
Cambridgeshire County Council: Counselling service	-	(5,517)	(5,517)
Cambridgeshire County Council : DAT counselling	-	(4,015)	(4,015)
	<u>231,113</u>	<u>(206,896)</u>	<u>24,217</u>
<b>TOTAL FUNDS</b>	<u>256,474</u>	<u>(241,843)</u>	<u>14,631</u>

## Cambridge Rape Crisis Centre

### Notes to the Financial Statements - continued for the Year Ended 31 March 2018

#### 15. MOVEMENT IN FUNDS - continued

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

##### **BBC Children in Need**

Funding for the children and young people's counselling service providing children and young people aged 5 - 18 years who are survivors of sexual abuse with access to specialist sexual violence counselling.

##### **Cambridgeshire County Council**

Counselling: Counselling service development in Huntingdon.

ISVA training: Conference costs for RCEW.

ISVA admin fund: Administrative costs associated with ISVA service.

ISVA management recharge fund: Management costs associated with ISVA service.

Young People: Services and associated costs for Young Persons Prevention Programme.

Drugs & Alcohol: Services and associated costs for DAT counselling.

##### **Cambridge City Council**

Community Safety Fund - Contribution to Helpline and phone costs.

Safer City Grant: Healing & Empowerment Group - Group Work programme for young people at risk - to be spent on workshop costs (consultant, room hire, and salary contribution for management).

Area Committee Community Grant: Funding to be spent on any costs associated with move to new premises.

##### **Ministry of Justice**

Rape Support Fund: Provides core funding for CRCC.

##### **Cambridge RAG**

Contribution to core costs to support core services.

##### **Police & Crime Commissioner**

Capacity Fund: Funds capacity development of counselling service.

Victim Support Fund [1]: Helpline expansion.

Victim Support Fund [2]: Peer support group work.

Contract for ISVA: Funding for adult ISVA post.

Countrywide YP ISVA service: Funding for young persons ISVA support.

##### **VAWG Transformation Fund**

Provision of trauma informed counselling services to children and young people who are victims or witnesses of sexual violence.

##### **Lloyds Bank Foundation - Enable Grant**

Lead partner on this project on behalf of the Cambridge and Peterborough Women's Consortium. Grant for Consortium development and sustainability.

#### 16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2018.

**Cambridge Rape Crisis Centre**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018**

**17. ULTIMATE CONTROLLING PARTY**

The charity was controlled jointly by the trustees.

Cambridge Rape Crisis Centre

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2018

	31.3.18 £	31.3.17 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	9,005	6,802
<b>Other trading activities</b>		
Fundraising events	33,877	18,330
Training income	<u>1,350</u>	<u>150</u>
	35,227	18,480
<b>Investment income</b>		
Deposit account interest	61	79
<b>Charitable activities</b>		
Grants	<u>285,948</u>	<u>231,113</u>
<b>Total incoming resources</b>	330,241	256,474
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Events	1,713	7,059
<b>Charitable activities</b>		
Wages	149,369	92,314
Social security	11,249	6,189
Pensions	13,934	4,146
Rent, rates and room hire	23,588	16,188
Insurance	530	514
Telephone and internet	9,245	5,711
Postage, stationery & office supplies	3,635	8,327
Sundries	364	1,100
Clinical Supervision	8,165	3,700
Volunteer and staff training	4,953	1,315
Travel	4,431	2,120
Counselling	69,849	86,319
Publicity	314	-
Payroll services	1,041	334
ISVA Expenses	6,518	5,133
Books and publications	1,552	308
ISVA recharges	26,925	-
Conferences	<u>990</u>	<u>-</u>
	336,652	233,718
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy and legal fees	<u>2,042</u>	<u>1,066</u>
<b>Total resources expended</b>	340,407	241,843

**Cambridge Rape Crisis Centre**  
**Detailed Statement of Financial Activities**  
**for the Year Ended 31 March 2018**

	31.3.18	31.3.17
	£	£
<b>Net (expenditure)/income</b>	<u>(10,166)</u>	<u>14,631</u>