

Report of the Trustees Year Ended 31 March 2019 for Cambridge Rape Crisis Centre



One of the flowers made by CRCC volunteers as part of 'Remembering Srebrenica' 2019

Annual Report April 2018 - March 2019

# Contents of the Financial Statements for the Year Ended 31 March 2019

|  | Page     |
|--|----------|
| Report of the Trustees                     | 1 to 11  |
| Statement of Trustees Responsibilities     | 12       |
| Independent Examiner's Report              | 13       |
| Statement of Financial Activities          | 14       |
| Balance Sheet                              | 15       |
| Cash Flow Statement                        | 16       |
| Notes to the Cash Flow Statement           | 17 '     |
| Notes to the Financial Statements          | 18 to 30 |
| Detailed Statement of Financial Activities | 31 to 32 |

# Message from the Management Committee For the Year Ended 31<sup>st</sup> March 2019

As a specialist, independent, grass-roots Rape Crisis Centre, this year Cambridge Rape Crisis Centre (CRCC) continued to provide support services to survivors of sexual violence in Cambridgeshire. We have continued to work closely with a range of partner organisations to bring about the best

possible outcomes for survivors and continued our work to tackle and challenge the causes of sexual violence as well as highlighting gaps in services for survivors in our county.

We have sustained our telephone helpline service this year and have responded to 1201 calls. New volunteer groups were recruited during the year and underwent the CRCC helpline and email support training and this in turn has enabled us to continue to deliver these vital support services. This year we have seen a continued increase in emails to our email support service, with an increase of 582% on last year. Demand and need for the Independent Sexual Violence Advocacy service (ISVA) and Children and Young Peoples ISVA service continues with 464 survivors accessing the service in the reporting period.

Our children and young people's counselling service supported 106 young survivors through trauma informed specialist therapies. This year we secured the NHS Talking Therapies contract, through NHS England, to deliver immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the last 12 months. It is with continued sadness that we have been unable to reopen the waiting list for our adult counselling service this year. Securing sustainable funding for the adult counselling service continues to be a significant organisational priority.

We continue to deliver the countywide Sexual Violence Support Services contract in partnership with our sister centre in Peterborough as part of our Cambridge and Peterborough Rape Crisis Partnership. We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

# At a glance

1201 calls taken on the helpline

840 emails responded to

611 counselling sessions delivered

1499 ISVA service sessions delivered

341 ISVA sessions delivered to children and young people

6 survivors attended group work project

12 trustees overseeing and steering the work of CRCC

# With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, The Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, University of Cambridge and our sister centre Peterborough Rape Crisis Care Group, members of the Cambridge and Peterborough Women's Consortium; Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge, for their continued support throughout this year.

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, Cambridge RAG, BBC Children in Need, Cambridgeshire Community Foundation, and Lloyds Bank Foundation. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the members of the management committee, the trustees, staff, sessional counsellors and the general members of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of CRCC without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

And finally, thank you to all the women and girls who use CRCC, for inspiring us with their strength and courage and for teaching us so much.

# Report of the Trustees for the Year Ended 31st March 2019

The trustees present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

# **Reference and Administrative Details**

Charity name: Cambridge Rape Crisis Centre

Registered Charity number: 1179871

Registered address: Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:

M Lowthian - Chair

S Melville - Deputy Chair, resigned 05 February 2019
A O'Leary - Deputy Chair, appointed 05 March 2019

J Grech - Secretary S Helm - Treasurer

ER Cornwall M Correia A Lindup C Moore M Messmer S Anderson

A Perry - appointed 19 November 2018

#### Independent Examiner

Lanham and Company
Charted Accountants
9 Great Chesterford Court, London Road, Great Chesterford, Essex, CB10 1PF

#### Contact details and website

contact@cambridgerapecrisis.org.uk www.cambridgerapecrisis.org.uk

#### Bank

Royal Bank of Scotland, Cambridge

#### Staff:

Norah Al-Ani – Director Claire Gardner – Volunteer Co-ordinator Léa Maquin – Counselling Co-ordinator Katy Edwards - Counselling Co-ordinator Rachel Sirotinina - Administrator

#### ISVA Team:

Ellie Ball – ISVA Manager Cheryl Hollis – ISVA Navigator Léa Maquin – ISVA (maternity leave cover) Jenny Colley - ISVA Rosie Levine – ChISVA

# **Counselling Team:**

Terri Forbes-Mitchell - Counsellor and Clinical Supervisor Charlotte Snoxall - Counsellor and Group Work Facilitator Margi Appleton - Counsellor Esra Gurkan - Counsellor Carolin Reisert - Counsellor

# Structure, Governance and Management Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity. This charity has been registered with the charity commission since 5<sup>th</sup> May 1983 and established under a constitution containing specific objectives and powers which undergoes annual review at the AGM.

## **Organisational Structure**

The current structure of the organisation is as follows;

The Management Committee of the CRCC (hereinafter referred to as the "Committee") shall consist of no fewer than 3 and no more than 12 Trustees together with at least two active call-takers with CRCC. The two active call-takers will be the call-taker representatives on the Committee and will be elected by the volunteer group and co-opted onto the Committee. Such representatives can choose to become Trustees of CRCC but are under no obligation to do so. At least one Trustee must not be working with CRCC service users in any way during their term as a Trustee.

Trustees shall be elected by majority vote at the AGM of the CRCC. Trustees are elected for a one year term, but may be re-elected annually.

The Committee shall include the following executive positions: Chair, Deputy Chair, Secretary, Treasurer, and Call-taker Representative. Other Trustees shall be elected to fill non-executive positions that are deemed necessary. No Trustee shall hold more than one executive position, but may hold more than one non-executive position, or one executive position and one or more non-executive positions.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

#### **Annual General Meeting**

The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

#### Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensure a consistent quality of delivery for the operational aspects of the charity.

#### **Remuneration Policy**

CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

#### Reserves Policy

CRCC has a Reserves Policy. We require 6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31 March 2019 were £348,193 of which £146,971 were unrestricted and £201,222 were restricted. The trustees consider this to be a satisfactory amount.

# **Aims and Objectives**

# Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

#### We listen and believe

## **Cambridge Rape Crisis Centre Aims:**

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Securing high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and polices for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

# **Achievements and Performance**

# Summary of Charitable Activities April 2018 - March 2019

During 2018-19 CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire. Through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support and group work.

## **Telephone Helpline**

In the year 2018 – 2019 CRCC responded to 1201 calls to our telephone helpline. In the reporting year we continued to offer up to 7.5 hours of helpline support each week whenever possible. The Helpline is open three times a week, on the following days:

Wednesday 7pm-9.30pm

Thursday 7pm - 9.30pm and 5unday 10am - 12.30pm

#### **Email Support**

The Email Support Service provides an alternative route to accessing emotional support and information for survivors for whom using the written rather than spoken word may feel easier, safer or more comfortable.

We have responded to 840 emails in the reporting period. By increasing the number of email support shifts we have been able to reduce our response time this year.

There are over 20 volunteers providing the helpline and email service. These services could not run without the commitment and dedication of our volunteers. All CRCC volunteers receive an initial 50 hours specialist sexual violence training to undertake the role of helpline and email volunteer and there is a programme of continuous professional development. The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting BAMER survivors, supporting Lesbian and Bi survivors and the criminal justice system.

### **Counselling Service**

In the reporting period we were able to deliver counselling to 106 children and young people through the VAWG Transformation Fund. The service is child and young person focussed and entirely delivered in the community to ensure that children and young people can access the service with ease and at venues close to them and that feel safe and comfortable.

This year we secured the NHS Talking Therapies contract, through NHS England, to deliver immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the last 12 months.

It was with immense sadness and frustration that for the first time this year we had to close our waiting list for the adult counselling service due to a lack of sustainable funding. We have been working hard to secure funding to enable us to re-open the waiting list and the service to survivors.

### Independent Sexual Violence Advocacy Service (ISVAs)

In the reporting year the Cambridgeshire ISVA service supported 464 survivors. The ISVA Service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable advice to survivors of sexual violence in relation to police processes and the criminal justice system.

The Children and Young Peoples ISVA (ChISVA) supports children and young people, aged 0 – 18yrs, who are experiencing or at risk of experiencing child sexual abuse or exploitation. The ChISVA supports children and young people to access a range of appropriate services, explores ways to help manage their mental health and help them to stay engaged within the criminal justice system. The ChISVA's presence pre, during and post court has helped children and young people to make sense of the processes within and around it and to feel supported, ready and able to stand up in court to give their best evidence.

# Men and boys

CRCC provides a number of services to male survivors and these include:

- Talking Therapies Service men and boys (any age)
- Young Peoples Counselling service young men and boys aged up to 19 (24 years with additional needs)
- ISVA Service adult men aged 18 years and over
- Young Peoples ISVA Service young men aged 13 18 years
- Children's ISVA service boys aged 0 13 years

# **Outcomes and impact:**

Summary of 'before' and 'after' outcomes:

| Wellbeing                               | Before | Before Support |       | Support  | Percentage<br>Difference |  |
|---|--------|----------------|-------|----------|--------------------------|--|
| Statements                              | Agree  | Disagree       | Agree | Disagree | *(Agree)                 |  |
| I feel able to make everyday decisions  | 75%    | 25%            | 100%  | 0%       | +25%                     |  |
| I feel confident in myself              | 25%    | 75%            | 91%   | 9%       | +66%                     |  |
| I feel good about myself                | 9%     | 91%            | 81%   | 19%      | +72%                     |  |
| I feel in control of my emotions        | 19%    | 81%            | 84%   | 16%      | +65%                     |  |
| I feel close to people who matter to me | 75%    | 25%            | 97%   | 3%       | +22%                     |  |
| I have people around me that I trust    | 81%    | 19%            | 97%   | 3%       | +16%                     |  |
| I am taking care of myself              | 47%    | 53%            | 75%   | . 25%    | +28%                     |  |
| I have positive coping strategies       | 41%    | 59%            | 100%  | 0%       | +59%                     |  |

Summary of overall service evaluation:

| Statement  | Strongly<br>agree | Agree | Disagree | Strongly<br>disagree |
|--|-------------------|-------|----------|----------------------|
| I got the information I needed                                       | 54%               | 46%   | 0        | 0                    |
| I got the support I needed   | 67%               | 33%   | 0        | 0                    |
| I felt believed and understood                                       | 70%               | 30%   | 0 .      | 0                    |
| The support was sensitive to my needs and situation                  | 72%               | 28%   | 0        | 0                    |
| I felt comfortable with the way support was provided                 | 70%               | 30%   | 0        | 0                    |
| The environment of the support venue was safe, welcoming and private | 70%               | 30%   | 0        | 0                    |

"What I valued most about the support I received from CRCC was the understanding and compassionate way in which I have been treated. This has helped me grow and learn more about myself and how to cope with things, I have learnt so much and honestly the support has been amazing."

# Who we supported

Service user profile April 2018-March 2019

| Gender |      |       |            |
|--------|------|-------|------------|
| Female | Male | Trans | Not stated |
| 880    | 43   | 8     | 0          |

| Presenting experience / assault type*                       |                 |
|---|-----------------|
| Type of assault – adult 18 year and over                    |                 |
| Adult - recent rape or sexual violence (18yrs+)             | 365             |
| Adult - Historic rape/sexual violence (18yrs+)              | 87              |
| Adult - Historic child sexual abuse (18yrs+)                | 71              |
| Not known/chose not to say                                  | 201             |
| Type of assault – Young person (13-17 yrs)                  |                 |
| Young person - Recent rape/sexual violence (13-17yrs)       | 104             |
| Young person – Historic rape/sexual abuse (13-17yrs)        | 27              |
| Young person – Not stated (13-17yrs)                        | 8               |
| Type of assault – children (under 13yrs)                    |                 |
| Children – sexual abuse (under 13yrs)                       | 48              |
| Support provided to support of survivor (parent, carer, sit | l<br>pling etc) |
| Support for supports  | 20              |
| Multiple assaults   |                 |
| Adult - multiple assaults (18yrs+)                          | 196             |
| Young person – multiple assaults (13-17yrs)                 | 26              |
| Children – multiple assaults (under 13yrs)                  | 7               |

<sup>\*</sup>where data is provided

# **Training, outreach and community connections**

CRCC has delivered training to 400+ people in the year including to public sector staff, health care professionals, schools, colleges and a wide range of community groups and organisations. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence.

# Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership

This year the Cambridge and Peterborough Rape Crisis Partnership continued to successfully deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution

RAPECRISISPARTNERSHIP CAMBRIDGE & PETERBOROUGH

towards other support services for survivors of sexual violence (including helpline provision, counselling and group work).

### Cambridge and Peterborough Women's Consortium

CRCC is a proud member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge. The CPWC vision is 'A world where women are free to live the lives they choose'.



# **Future Activities**

Over the year 2019-20, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through counselling and talking therapies
- Peer support group work projects

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS)

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nations, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

A O'Leary - Trustee

# Statement of Trustees Responsibilities for the Year Ended 31 March 2019

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Independent Examiner's Report to the Trustees of Cambridge Rape Crisis Centre

# Independent examiner's report to the trustees of Cambridge Rape Crisis Centre

I report to the charity trustees on my examination of the accounts of the Cambridge Rape Crisis Centre (the Trust) for the year ended 31 March 2019.

#### Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of the Association of Chartered Certified Accountants which is one of the listed bodies

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lahan a Cope Lind.

Andrew Ireland FCCA
the Association of Chartered Certified Accountants
Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: 22 January 2020

# Statement of Financial Activities for the Year Ended 31 March 2019

| Unrestricted Restricted Total funds Tot<br>funds funds<br>Not £ £ £<br>es   | £ 9,005  |
|---|----------|
| Not £ £   |          |
|   |          |
|   | 9.005    |
| INCOME AND ENDOWMENTS FROM  | 9.005    |
| Donations and legacies 2 12,040 - 12,040                                    | 2,003    |
| Charitable activities 5   |          |
| Support and advice 39,182 436,258 475,440                                   | 285,948  |
| Other trading activities 3 39,421 287 39,708                                | 35,227   |
| Investment income 4 104 - 104   | 61       |
| <b>Total</b> 90,747 436,545 527,292   | 330,241  |
| EXPENDITURE ON .  |          |
| Raising funds 6 7,194 9,964 17,158  | 1,713    |
| Charitable activities 7   | ,        |
| Support and advice <u>26,158</u> <u>253,202</u> <u>279,360</u>              | 338,694  |
| Total 33,352 263,166 296,518  | 340,407  |
|   |          |
| <b>NET INCOME/(EXPENDITURE)</b> 57,395 173,379 230,774                      | (10,166) |
| Transfers between funds         15         (562)         562         -      | <u> </u> |
| ·   |          |
| <b>Net movement in funds</b> 56,833 173,941 230,774                         | (10,166) |
| RECONCILIATION OF FUNDS   |          |
| <b>Total funds brought forward</b> 90,138 27,281 117,419                    | 127,585  |
| Zona zames ozougat ioz maru   |          |
| TOTAL FUNDS CARRIED FORWARD         146,971         201,222         348,193 | 117,419  |

## Balance Sheet At 31 March 2019

|   |           | Unrestricted funds | Restricted funds | 31.3.19<br>Total funds | 31.3.18<br>Total funds |
|---|-----------|--------------------|------------------|------------------------|------------------------|
|   | Not<br>es | £                  | £                | £                      | £                      |
| CURRENT ASSETS Debtors                        | 13        | 9,896              | -                | 9,896                  | 4,969                  |
| Cash at bank                                  |           | 137,855            | 213,972          | 351,827                | 132,011                |
|   |           | 147,751            | 213,972          | 361,723                | 136,980                |
| CREDITORS Amounts falling due within one year | 14        | (780)              | (12,750)         | (13,530)               | (19,561)               |
| Amounts faming due within one year            | 14        |                    |                  | <del></del>            |                        |
| NET CURRENT ASSETS                            |           | 146,971            | 201,222          | 348,193                | 117,419                |
| TOTAL ASSETS LESS CURRENT<br>LIABILITIES      |           | 146,971            | 201,222          | 348,193                | 117,419                |
|   |           |                    |                  |                        | <u> </u>               |
| NET ASSETS                                    |           | 146,971            | 201,222          | 348,193                | 117,419                |
| FUNDS   | 15        |                    |                  | 145.051                | 00.120                 |
| Unrestricted funds<br>Restricted funds        |           |                    |                  | 146,971<br>201,222     | 90,138<br>27,281       |
| TOTAL FUNDS                                   |           |                    |                  | 348,193                | 117,419                |

M Lowthian -Trustee

# Cash Flow Statement for the Year Ended 31 March 2019

|   | Notes | 31.3.19<br>£ | 31.3.18<br>£ |
|---|-------|--------------|--------------|
| Cash flows from operating activities:<br>Cash generated from operations                                 | 1     | 219,712      | 47,947       |
| Net cash provided by (used in) operating activities   |       | 219,712      | 47,947       |
| Cash flows from investing activities:<br>Interest received  |       | 104          | 61           |
| Net cash provided by (used in) investing activities   |       | 104          | 61           |
|   |       |              | · —          |
| Change in cash and cash equivalents in the reporting period  Cash and cash equivalents at the beginning |       | 219,816      | 48,008       |
| the reporting period  | 5 01  | 132,011      | 84,003       |
| Cash and cash equivalents at the end of the reporting period  | e     | 351,827      | 132,011      |

# Notes to the Cash Flow Statement for the Year Ended 31 March 2019

| 1. | RECONCILIATION OF NET INCOMÉ/(EXPENDITURE) TO OPERATING ACTIVITIES      | NET | CASH         | FLOW | FROM         |
|----|---|-----|--------------|------|--------------|
|    | OLEKATING ACTIVITIES  |     | 31.3.19<br>£ | )    | 31.3.18<br>£ |
|    | Net income/(expenditure) for the reporting period (as per the statement |     |              |      |              |
|    | of financial activities)  |     | 230,77       | 4    | (10,166)     |
|    | Adjustments for:  |     |              |      |              |
|    | Interest received   |     | (10-         | 4)   | (61)         |
|    | (Increase)/decrease in debtors  |     | (4,92        | 7)   | 50,205       |
|    | (Decrease)/increase in creditors  |     | (6,03        | 1) . | 7,969        |
|    | Net cash provided by (used in) operating activities                     |     | 219,71       | 2    | 47,947       |

# Notes to the Financial Statements for the Year Ended 31 March 2019

#### 1. ACCOUNTING POLICIES

# Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

#### Going Concern

There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

#### **Grants**

Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

#### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Allocation and apportionment of costs

Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

#### Taxation

The charity is exempt from tax on its charitable activities.

## Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 1. ACCOUNTING POLICIES - continued

#### Financial instruments

Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

### Tangible fixed assets

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition.

#### **Donated services**

In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

# 2. DONATIONS AND LEGACIES

|    |                                |                             | 31.3.19<br>£    | 31.3.18<br>£    |
|----|--------------------------------|-----------------------------|-----------------|-----------------|
|    | Donations                      |                             | 12,040          | 9,005           |
| 3. | OTHER TRADING ACTIV            | ITIES                       |                 |                 |
|    |                                | ·                           | 31.3.19<br>£    | 31.3.18<br>£    |
|    | Fundraising events             |                             | 37,357<br>1,700 | 33,877<br>1,350 |
|    | Training income Sale of guides |                             | 651             |                 |
|    | ;                              |                             | 39,708          | 35,227          |
| 4. | INVESTMENT INCOME              |                             |                 |                 |
|    |                                |                             | 31.3.19         | 31.3.18         |
|    | Deposit account interest       |                             | £<br>104        | £ 61            |
| 5. | INCOME FROM CHARITA            | ABLE ACTIVITIES             |                 |                 |
|    |                                |                             | 31.3.19         | 31.3.18         |
|    | Grants                         | Activity Support and advice | £<br>475,440    | £<br>285,948    |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 5. INCOME FROM CHARITABLE ACTIVITIES - continued

|    | Grants received, included in the above, are as follows:  |              |               |  |
|----|--|--------------|---------------|--|
|    | Gights received, included in the accordance as teller as |              | 31.3.19       | 31.3.18  |
|    |  |              | £             | £  |
|    | Cambridgeshire County Council                            |              | -             | 5,000  |
|    | Lloyds Bank Foundation                                   |              | 12,500        | 2,500  |
|    | Cambridge RAG  |              | 6,100         | 4,200  |
|    | Ministry of Justice                                      |              | 45,553        | 43,812   |
|    | NHS Cambridgeshire                                       |              | 36,250        | -  |
|    | Awards for All   |              | · -           | 8,700  |
|    | Police & Crime Commissioner                              |              | 244,583       | 166,284  |
|    | Cambridge Community Foundation                           |              | 8,248         | -  |
|    | BBC Children in need                                     |              | 21,400        | 21,400   |
|    | Rape Crisis England and Wales                            |              | 48,372        | 1,064  |
|    | Independent Inquiry Into Child Sexual Abuse              |              | 2,084         | 1,901  |
|    | Violence Against Women and Girls Transformation Fund     |              |               |  |
|    | •  |              | 49,350        | 31,087   |
|    | One Stop Shop  |              | 1,000         | <u>.                                      </u> |
|    |  |              | 475,440       | 285,948  |
| 6. | RAISING FUNDS  |              |               |  |
|    | Raising donations and legacies                           |              |               |  |
|    |  |              | 31.3.19       | 31.3.18  |
|    | •  |              | \$1.5.19<br>£ | £  |
|    | Events   |              | _17,158       | 1,713  |
|    | Events   |              | 17,136        |  |
|    |  |              |               |  |
| 7. | CHARITABLE ACTIVITIES COSTS                              |              |               |  |
|    |  | Direct costs | Support costs | Totals   |
|    |  | (See note 8) | (See note 9)  |  |
|    |  | £            | £             | £  |
|    | Support and advice                                       | 276,451      | 2,909         | <u>279,360</u>                                 |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

### 8. DIRECT COSTS OF CHARITABLE ACTIVITIES

|                                       | 31.3.19<br>£ | 31.3.18<br>£ |
|---------------------------------------|--------------|--------------|
| Staff costs                           | 181,506      | 174,552      |
| Rent, rates and room hire             | 23,926       | 23,588       |
| Insurance                             | -            | 530          |
| Telephone and internet                | 10,154       | 9,245        |
| Postage, stationery & office supplies | 3,101        | 3,635        |
| Sundries                              | 1,035        | 364          |
| Clinical Supervision                  | 5,135        | 8,165        |
| Volunteer and staff training          | 1,723        | 4,953        |
| Travel                                | 2,379        | 4,431        |
| DBS checks                            | 66           | -            |
| I.T. and computer consumables         | 4,770        | -            |
| Counselling                           | 34,245       | 69,849       |
| Publicity                             | -            | 314          |
| Payroll services                      | 850          | 1,041        |
| ISVA Expenses                         | 7,561        | 6,518        |
| Books and publications                | -            | 1,552        |
| ISVA recharges                        | -            | 26,925       |
| Conferences                           |              | <u>990</u>   |
|                                       | 276,451      | 336,652      |

#### 9. SUPPORT COSTS

|                    | Governance |
|--------------------|------------|
|                    | costs      |
|                    | £          |
| Support and advice | 2,909      |

### Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £360 (2018: £360), a fee for the assistance with the accounts preparation of £650 (2018: £600) and book keeping and advice during the year amounting to £1,899 (2018: £1,082).

Support costs, included in the above, are as follows:

|                            | 31.3.19     | 31.3.18    |
|----------------------------|-------------|------------|
|                            | Support and |            |
|                            | advice      | Total      |
|                            |             | activities |
|                            | £           | £          |
| Accountancy and legal fees | 2,909       | 2,042      |

## 10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 11. STAFF COSTS

| Wages and salaries Social security costs Other pension costs                    | 31.3.19<br>£<br>161,592<br>11,720<br>8,194<br> | 31.3.18<br>£<br>149,369<br>11,249<br>13,934 |
|---|--|---|
| During the year the total remuneration to key management personnel was £37,433. |  |   |
| The average monthly number of employees during the year was as follows:         |  |   |
| Support and advice  | 31.3.19  | 31.3.18<br>6                                |

No employees received emoluments in excess of £60,000.

# 12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

|  | Unrestricted funds | Restricted funds | Total funds    |
|--|--------------------|------------------|----------------|
| DIGORGE AND THE CHARLES EDOR                 | £                  | £                | £              |
| INCOME AND ENDOWMENTS FROM                   | 9,005              |                  | 9,005          |
| Donations and legacies Charitable activities | 9,003              | -                | 9,003          |
| Support and advice                           | 1,064              | 284,884          | 285,948        |
| Support and advice                           | 1,004              | 204,004          | 203,510        |
| Other trading activities                     | 35,227             | -                | 35,227         |
| Investment income                            | <u>61</u>          |                  | 61             |
|  |                    |                  |                |
| Total  | 45,357             | 284,884          | 330,241        |
|  |                    |                  |                |
| EXPENDITURE ON                               |                    |                  |                |
| Raising funds                                | 797                | 916              | 1,713          |
| Charitable activities                        |                    |                  | -,             |
| Support and advice                           | 11,883             | 326,811          | 338,694        |
| **   | <del></del>        |                  |                |
| Total  | 12,680             | 327,727          | 340,407        |
|  |                    |                  |                |
| NEW INCOMENION (STATEMENT)                   | 22 677             | (42 942)         | (10,166)       |
| NET INCOME/(EXPENDITURE)                     | 32,677             | (42,843)         | (10,100)       |
| RECONCILIATION OF FUNDS                      |                    |                  |                |
|  |                    |                  |                |
| Total funds brought forward                  | 57,461             | 70,124           | 127,585        |
| v  |                    |                  |                |
|  | _                  |                  |                |
| TOTAL FUNDS CARRIED FORWARD                  | 90,138             | 27,281           | <u>117,419</u> |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| 1.5. | DEBIORS. AMOUNTS PREDERING BUE W   | 111111 0212 1                | 2.11                                    |   |  |
|------|--|------------------------------|---|---|--|
|      | Other debtors  |                              | •                                       | 31.3.19<br>£<br><u>9,896</u>            | 31.3.18<br>£<br>4,969                                    |
| 14.  | CREDITORS: AMOUNTS FALLING DUE   | WITHIN ONI                   | E YEAR                                  |   |  |
|      | Trade creditors Social security and other taxes Other creditors Deferred income Accrued expenses   |                              |   | 31.3.19<br>£<br>6,549<br>630<br>570<br> | 31.3.18<br>£<br>3,161<br>2,318<br>510<br>12,500<br>1,072 |
| 15.  | MOVEMENT IN FUNDS  |                              |   |   | <del></del>  |
|      |  | At 1.4.18<br>£               | Net movement in funds £                 | Transfers between funds £               | At 31.3.19<br>£  |
|      | Unrestricted funds<br>General fund<br>RAG  | 90,138                       | 51,295<br>6,100                         | 5,538<br>(6,100)                        | 146,971  |
|      |  | 90,138                       | 57,395                                  | (562)                                   | 146,971  |
|      | Restricted funds BBC Children in need Lloyds Bank Foundation Awards for All Independent Inquiry Into Child Sexual Abuse                  | 2,500<br>-<br>1,520          | 18,267<br>4,432<br>(562)<br>1,926       | -<br>562<br>-                           | 18,267<br>6,932<br>-<br>3,446                            |
|      | Countywide sexual violence support services contract (PCC) - ISVA services   | 12,955                       | 78,667                                  | •                                       | 91,622   |
|      | Violence Against Women and Girls Transformation Fund Digital transformation fund NHS Talking Therapies Girl Up Group Hold the Hope Group | 10,306 -<br>-<br>-<br>-<br>- | 29,984<br>10,720<br>22,597<br>5,248<br> | -<br>-<br>-<br>-                        | 40,290<br>10,720<br>22,597<br>5,248<br>2,100             |
|      |  | 27,281                       | 173,379                                 | 562                                     | 201,222  |
|      | TOTAL FUNDS  | 117,419                      | 230,774                                 |   | 348,193  |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

|  | Incoming resources | Resources expended | Movement in funds |
|--|--------------------|--------------------|-------------------|
|  | £                  | £                  | £                 |
| Unrestricted funds   |                    |                    |                   |
| General fund   | 84,647             | (33,352)           | 51,295            |
| RAG  | <u>6,100</u>       |                    | <u>6,100</u>      |
|  | 90,747             | (33,352)           | 57,395            |
|  | 20,141             | (33,332)           | 37,373            |
| Restricted funds   |                    |                    |                   |
| BBC Children in need   | 21,400             | (3,133)            | 18,267            |
| Lloyds Bank Foundation                                       | 12,500             | (8,068)            | 4,432             |
| Ministry of Justice: Rape Support Fund                       | 45,553             | (45,553)           | -                 |
| Awards for All   | -                  | (562)              | (562)             |
| Independent Inquiry Into Child Sexual Abuse                  | 2,084              | (158)              | 1,926             |
| Countywide sexual violence support services contract (PCC) - |                    |                    |                   |
| ISVA services  | 244,583            | (165,916)          | 78,667            |
| Violence Against Women and Girls Transformation Fund         | 49,350             | (19,366)           | 29,984            |
| Digital transformation fund                                  | 15,290             | (4,570)            | 10,720            |
| NHS Talking Therapies  | 36,250             | (13,653)           | 22,597            |
| Girl Up Group  | 5,248              | -                  | 5,248             |
| Hold the Hope Group  | 3,000              | (900)              | 2,100             |
| One Stop Shop  | 1,000              | (1,000)            | -                 |
| Eversheds  | <u> 287</u>        | (287)              |                   |
|  | 436,545            | (263,166)          | 173,379           |
|  |                    | <del></del>        | <del></del>       |
| TOTAL FUNDS  | 527,292            | (296,518)          | 230,774           |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 15. MOVEMENT IN FUNDS - continued

# Comparatives for movement in funds

| Comparatives for movement in terms                           | Net movement   |               |                 |
|--|----------------|---------------|-----------------|
|  | At 1.4.17<br>£ | in funds<br>£ | At 31.3.18<br>£ |
| Unrestricted Funds   |                |               |                 |
| General fund   | 57,461         | 32,677        | 90,138          |
| Restricted Funds   |                |               |                 |
| BBC Children in need   | 7,557          | (7,557)       | -               |
| Cambridgeshire County Council: Counselling service           | 445            | (445)         | -               |
| Lloyds Bank Foundation                                       | -              | 2,500         | 2,500           |
| Cambridge City Council Area Committee Community Grant        | 2,680          | (2,680)       | -               |
| PCC: Contract for ISVA                                       | 23,333         | (23,333)      | -               |
| PCC Countywide YP ISVA service                               | 31,309         | (31,309)      | -               |
| Cambridgeshire County Council (DGLC)                         | 4,800          | (4,800)       | -               |
| Independent Inquiry Into Child Sexual Abuse                  | -              | 1,520         | 1,520           |
| Countywide sexual violence support services contract (PCC) - |                |               |                 |
| ISVA services  | -              | 12,955        | 12,955          |
| Violence Against Women and Girls Transformation Fund         | <del>-</del>   | 10,306        | 10,306          |
|  | 70,124         | (42,843)      | 27,281          |
|  |                |               |                 |
| TOTAL FUNDS  | 127,585        | (10,166)      | 117,419         |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

|  | Incoming resources | Resources<br>expended<br>£ | Movement in funds |
|--|--------------------|----------------------------|-------------------|
| Unrestricted funds   |                    |                            |                   |
| General fund   | 45,357             | (12,680)                   | 32,677            |
| Restricted funds   |                    |                            |                   |
| BBC Children in need   | 21,400             | (28,957)                   | (7,557)           |
| Cambridge RAG  | 4,200              | (4,200)                    | -                 |
| Lloyds Bank Foundation                                       | 2,500              | -                          | 2,500             |
| Ministry of Justice: Rape Support Fund                       | 43,812             | (43,812)                   | -                 |
| Awards for All   | 8,700              | (8,700)                    | -                 |
| Cambridge City Council Area Committee Community Grant        | · -                | (2,680)                    | (2,680)           |
| PCC: Contract for ISVA                                       | · -                | (23,333)                   | (23,333)          |
| PCC Countywide YP ISVA service                               | -                  | (31,309)                   | (31,309)          |
| Cambridgeshire County Council (DGLC)                         | -                  | (4,800)                    | (4,800)           |
| Independent Inquiry Into Child Sexual Abuse                  | 1,901              | (381)                      | 1,520             |
| Countywide sexual violence support services contract (PCC) - |                    | • •                        |                   |
| ISVA services  | 102,417            | (89,462)                   | 12,955            |
| Countywide sexual violence support services contract (PCC) - |                    |                            |                   |
| Other support services                                       | 63,867             | (63,867)                   | -                 |
| Counselling  | 5,000              | (5,000)                    | -                 |
| Violence Against Women and Girls Transformation Fund         | 31,087             | (20,781)                   | 10,306            |
| Cambridgeshire County Council: Counselling service           | <u> </u>           | (445)                      | (445)             |
|  | 284,884            | (327,727)                  | (42,843)          |
|  |                    |                            |                   |
| TOTAL FUNDS  | 330,241            | (340,407)                  | (10,166)          |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

# 15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

|   | At 1.4.17<br>£ | Net movement in funds £ | Transfers between funds £ | At 31.3.19 |
|---|----------------|-------------------------|---------------------------|------------|
| Unrestricted funds                          |                |                         |                           |            |
| General fund                                | 57,461         | 83,972                  | 5,538                     | 146,971    |
| RAG   | -              | 6,100                   | (6,100)                   | -          |
| Restricted funds                            |                |                         |                           |            |
| BBC Children in need                        | 7,557          | 10,710                  | -                         | 18,267     |
| Cambridgeshire County Council: Counselling  |                |                         |                           |            |
| service                                     | 445            | (445)                   | -                         | -          |
| Lloyds Bank Foundation                      | -              | 6,932                   | -                         | 6,932      |
| Awards for All                              | -              | (562)                   | 562                       | -          |
| Cambridge City Council Area Committee       |                |                         |                           |            |
| Community Grant                             | 2,680          | (2,680)                 | -                         | -          |
| PCC: Contract for ISVA                      | 23,333         | (23,333)                | -                         | -          |
| PCC Countywide YP ISVA service              | 31,309         | (31,309)                | -                         | -          |
| Cambridgeshire County Council (DGLC)        | 4,800          | (4,800)                 | -                         | -          |
| Independent Inquiry Into Child Sexual Abuse | -              | 3,446                   | -                         | 3,446      |
| Countywide sexual violence support services |                |                         |                           |            |
| contract (PCC) - ISVA services              | -              | 91,622                  | -                         | 91,622     |
| Violence Against Women and Girls            |                |                         |                           |            |
| Transformation Fund                         | -              | 40,290                  | -                         | 40,290     |
| Digital transformation fund                 | , <b>-</b>     | 10,720                  | •                         | 10,720     |
| NHS Talking Therapies                       | -              | 22,597                  | -                         | 22,597     |
| Girl Up Group                               | -              | 5,248                   | -                         | 5,248      |
| Hold the Hope Group                         |                | 2,100                   |                           | 2,100      |
|   | 70,124         | 130,536                 | 562                       | 201,222    |
| TOTAL FUNDS                                 | 127,585        | 220,608                 | <u> </u>                  | 348,193    |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

### 15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|  | Incoming resources £ | Resources<br>expended<br>£ | Movement in funds £ |
|--|----------------------|----------------------------|---------------------|
| Unrestricted funds   |                      |                            |                     |
| General fund   | 130,004              | (46,032)                   | 83,972              |
| RAG  | 6,100                | -                          | 6,100               |
|  |                      |                            |                     |
|  | 136,104              | (46,032)                   | 90,072              |
| Restricted funds   |                      |                            |                     |
| BBC Children in need   | 42,800               | (32,090)                   | 10,710              |
| Cambridge RAG  | 4,200                | (4,200)                    | , <u> </u>          |
| Lloyds Bank Foundation                                       | 15,000               | (8,068)                    | 6,932               |
| Ministry of Justice: Rape Support Fund                       | 89,365               | (89,365)                   | · -                 |
| Awards for All   | 8,700                | (9,262)                    | (562)               |
| Independent Inquiry Into Child Sexual Abuse                  | 3,985                | (539)                      | 3,446               |
| Countywide sexual violence support services contract (PCC) - |                      |                            |                     |
| ISVA services  | 347,000              | (255,378)                  | 91,622              |
| Countywide sexual violence support services contract (PCC) - |                      |                            |                     |
| Other support services                                       | 63,867               | (63,867)                   | -                   |
| Counselling  | 5,000                | (5,000)                    | -                   |
| Violence Against Women and Girls Transformation Fund         | 80,437               | (40,147)                   | 40,290              |
| Digital transformation fund                                  | 15,290               | (4,570)                    | 10,720              |
| NHS Talking Therapies  | 36,250               | (13,653)                   | 22,597              |
| Girl Up Group  | 5,248                | -                          | 5,248               |
| Hold the Hope Group  | 3,000                | (900)                      | 2,100               |
| One Stop Shop  | 1,000                | (1,000)                    | -                   |
| Eversheds  | 287                  | (287)                      | -                   |
| Cambridgeshire County Council: Counselling service           | -                    | (445)                      | (445)               |
| Cambridge City Council Area Committee Community Grant        | -                    | (2,680)                    | (2,680)             |
| PCC: Contract for ISVA                                       | •                    | (23,333)                   | (23,333)            |
| PCC Countywide YP ISVA service                               | -                    | (31,309)                   | (31,309)            |
| Cambridgeshire County Council (DGLC)                         |                      | <u>(4,800</u> )            | <u>(4,800</u> )     |
|  | 721,429              | (590,893)                  | 130,536             |
| TOTAL FUNDS  | 857,533              | (636,925)                  | 220,608             |

#### Notes to the Financial Statements - continued for the Year Ended 31 March 2019

#### 15. MOVEMENT IN FUNDS - continued

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

#### **BBC** Children in Need

Funding for the children and young peoples counselling service providing children and young people aged 5 - 18 years who are survivors of sexual abuse with access to specialist sexual violence counselling.

#### **Cambridgeshire County Council**

Counselling: Counselling service development in Huntingdon.

ISVA training: Conference costs for RCEW.

ISVA admin fund: Administrative costs associated with ISVA service.

ISVA management recharge fund: Management costs associated with ISVA service.

Young People: Services and associated costs for Young Persons Prevention Programme.

Drugs & Alcohol: Services and associated costs for DAT counselling.

#### Cambridge City Council

Community Safety Fund - Contribution to Helpline and phone costs.

Safer City Grant: Healing & Empowerment Group - Group Work programme for young people at risk - to be spent on workshop costs (consultant, room hire, and salary contribution for management).

Area Committee Community Grant: Funding to be spent on any costs associated with move to new premises.

## Ministry of Justice

Rape Support Fund: Provides core funding for CRCC.

## Cambridge RAG

Contribution to core costs to support core services.

## Police & Crime Commissioner

Capacity Fund: Funds capacity development of counselling service.

Victim Support Fund [1]: Helpline expansion.

Victim Support Fund [2]: Peer support group work.

Contract for ISVA: Funding for adult ISVA post.

Countrywide YP ISVA service: Funding for young persons ISVA support.

### **VAWG Transformation Fund**

Provision of trauma informed counselling services to children and young people who are victims or witnesses of sexual violence.

#### Lloyds Bank Foundation - Enable Grant

Lead partner on this project on behalf of the Cambridge and Peterborough Women's Consortium. Grant for Consortium development and sustainability.

### NHS

Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

# Notes to the Financial Statements - continued for the Year Ended 31 March 2019

#### 15. MOVEMENT IN FUNDS - continued

# **Cambridgeshire Community Foundation**

Funds to deliver two peer support group projects. One for mothers of survivors (Hold the Hope Mothers Group) and one for girls and young women (aged 13-16yrs) The Girl Up Group.

#### One Stop Shop

Grant to cover the cost of printing Self Help Guides and Guides and Family and Friends.

#### **Eversheds**

Donation to pay for the costs of our Annual General Meeting for the year.

### Rape Crisis England and Wales - Digital Transformation Fund

Grant to improve our centres digital infrastructure.

#### Transfers between funds

A transfer of £562 was made from general reserves to the Awards for All fund to cover additional expenses.

A transfer of £6,100 was made from Cambridge RAG to general reserves to combine these unrestricted reserves.

#### 16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.

### 17. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.

# Detailed Statement of Financial Activities for the Year Ended 31 March 2019

|  | 31.3.19<br>£    | 31.3.18<br>£    |
|--|-----------------|-----------------|
| INCOME AND ENDOWMENTS                      |                 |                 |
| INCOME AND ENDOWNERTS                      |                 |                 |
| Donations and legacies<br>Donations        | 12,040          | 9,005           |
| Other trading activities                   |                 | 0               |
| Fundraising events                         | 37,357<br>1,700 | 33,877<br>1,350 |
| Training income Sale of guides             | 651             | 1,550           |
| Sale of guides                             |                 |                 |
|  | 39,708          | 35,227          |
| Investment income Deposit account interest | 104             | 61              |
| •  |                 |                 |
| Charitable activities                      | 475 440         | 205 040         |
| Grants                                     | 475,440         | 285,948         |
| Total incoming resources                   | 527,292         | 330,241         |
|  |                 |                 |
| EXPENDITURE                                |                 |                 |
| Raising donations and legacies             |                 |                 |
| Events                                     | 17,158          | 1,713           |
| Charitable activities                      |                 |                 |
| Wages                                      | 161,592         | 149,369         |
| Social security                            | 11,720          | 11,249          |
| Pensions                                   | 8,194           | 13,934          |
| Rent, rates and room hire                  | 23,926          | 23,588<br>530   |
| Insurance Telephone and internet           | 10,154          | 9,245           |
| Postage, stationery & office supplies      | 3,101           | 3,635           |
| Sundries                                   | 1,035           | 364             |
| Clinical Supervision                       | 5,135           | 8,165           |
| Volunteer and staff training               | 1,723           | 4,953           |
| Travel                                     | 2,379           | 4,431           |
| DBS checks                                 | 66<br>4,770     | -               |
| I.T. and computer consumables Counselling  | 34,245          | 69,849          |
| Publicity                                  |                 | 314             |
| Payroll services                           | 850             | 1,041           |
| ISVA Expenses                              | 7,561           | 6,518           |
| Books and publications                     | -               | 1,552           |
| ISVA recharges                             | -               | 26,925          |
| Conferences                                | <del>-</del>    | 990             |
|  | 276,451         | 336,652         |

Support costs

# Detailed Statement of Financial Activities for the Year Ended 31 March 2019

| •   | 31.3.19<br>£ | 31.3.18<br>£ |
|---|--------------|--------------|
| Governance costs Accountancy and legal fees | 2,909        | 2,042        |
| Total resources expended                    | 296,518      | 340,407      |
|   |              |              |
| Net income/(expenditure)                    | 230,774      | (10,166)     |